



# Relief Pak® HotSpot® moist heat packs and covers





















- simple, effective method of applying 30 minutes of therapeutic moist heat
- soothe discomfort from stiff neck, backache, arthritis, sprains and bruises
- heat pack in water on stove, microwave, or hot pack heating unit
- when treatment is complete, store pack in a plastic bag in freezer
- always apply moist heat pack with a Relief Pak® cover or a heavy towel
- washable covers allow moist heat to pass without burning the skin;
- hook and loop fasteners on covers keep heat packs in place
- all-terry covers conform more easily to each treatment area;
   foam-filled covers are more economical

# X small spine Z knee-shoulder



### Relief Pak® HotSpot® moist heat packs

na	cks only		each					
packs only								
S	circular	10" diameter	Call					
Т	standard	10" x 12"	AL-63468					
U	neck	9" x 24"	AL-63469					
٧	oversize	15" x 24"	AL-63470					
W	half size	5" x 12"	AL-63471					
X	spine small	10" x 18"*	AL-63288					
Υ	spine large	10" x 24"*	AL-63289					
Z	knee-shoulder	10" x 20"*	AL-63290					

## Relief Pak® HotSpot® pack and cover sets

pack with foam-filled terry cover sets

Call

### Relief Pak® HotSpot® hot pack covers

foam-filled terry			each	
covers				
circular 1	2" diameter	(	Call	
standard	20" x 24"		AL-63293	
neck	9" x 24"		AL-63294	
oversize	24.5" x 36"		AL-63295	
half size	12" x 15"		AL-63296	
AB standard with pocket			AL-63297	
oversize w	oversize with pocket		AL-63298	each
all-terry cove	ers			
circular 1	2" diameter	C	all	
standard	20" x 24"		AL-78129	
neck	9" x 24"		AL-78130	
oversize	24.5" x 36"		AL-78131	
<b>AA</b> half size	12" x 15"	(	Call	
hand	14" x 14"		AL-63299	
dual hand	23" x 14"		AL-63300	