





The Original Cuff[®] Rehabilitation Weight

The Cuff[®] weight has been proven effective in hospitals for over 30 years. It contours to snugly fit the ankle, wrist... and even thigh. Its long velcro closure strap assures a secure and comfortable fit even during the most strenuous exercise program. It features heavy-duty materials and double-stitching throughout. They are colorcoded, marked with both pounds and kilograms and grommeted for hanging on any weight rack.

individual weights

,	white walnut orange blue olive	AL-85235A AL-85235C AL-85235D AL-85235F AL-85235G	7 lb. 7½ lb. 8 lb.	lemon orange red	AL-85235N AL-85235P AL-85235Q AL-85235R AL-85235T
2 lb. 2½ lb. 3 lb. 4 lb. 5 lb.	gold	AL-85235H AL-85235J AL-85235K AL-85235L AL-85235M	12½ I 15 lb 20 lb	brown b.olive tan blue green	AL-85235V AL-85235W AL-85235X AL-85235Y AL-85235Z

Cuff[®] mobile weight rack

Heavy-duty steel rack helps to keep weights and accessories organized and out of the way when not in use. Holds up to 500 pounds on the 2-sided pegboard and still has capacity in the tray for more. 3-inch rubber ball-bearing wheels allow the rack to easily be moved to wherever it is needed (even over carpet). Ships UPS.

AL-63115 mobile weight cart

weight sets

Functional set (7 pieces) 1 each: 1, 2, 3, 4, 5, 7½, 10 functional set AL-63112 1 set with rack AL-78125

Economy set (20 pieces) 2 each: ¼, ½, ¾, 1, 1½, 2, 2½, 3, 4, 5 economy set AL-85236-20

 Standard set (24 pieces)

 2 ea.: ¼, ½, ¾, 1, 1½, 2, 2½, 3, 4, 5, 7½, 10

 standard set
 AL-85236-24

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