

AL #	Description	Size	Unit
AL-63817S	Heel Float	Small (Petite Adult/Pediatric)	Each
AL-63817M	Heel Float	Medium (Average Adult)	Each
AL-63817L	Heel Float	Large (Large Adult/Bariatric)	Each
AL-82939S	Heel Float	Replacment Gel Pack(Small)	Each
AL-82939M	Heel Float	Replacment Gel Pack(Medium)	Each
AL-82939L	Heel Float	Replacment Gel Pack(Large)	Each



#### Purpose

Heel-Float off-loads the heel by suspending it over an air cavity. This eliminates pressure and prevents the formation of pressure ulcers and aids in the healing of existing sores. The Heel-Float includes a water-based gel pack that relieves pressure that relieves pressure beneath the ankle. The gel may be heated or cooled for hot/cold therapy.

### Application

Heel-Float features a new adaptable Velcro<sup>R</sup> strap that permits this device to be secured with one strap at the ankle and one at the instep, or with both straps at the ankle. The ankle/instep option should be used if your patient's foot moves rearward in the Heel-Float or if the foot moves to the left or right inside the device.

## Ankle/Instep

- 1. Place patient's foot inside the Heel-Float. Make certain theat the heel is suspended over the air cavity.
- 2. Move the Velcro<sup>R</sup> strap attached to the webbing strip toward the toes. (Illustration A)
- 3. Thread the Velcro<sup>R</sup> strapthrough the web loop near the toes and secure the closure. (Illustration B)
- 4. Thread the ankle strap through the web loop near the ankle and secure closure. (Illustration B)
- 5. Velcro<sup>R</sup> closures should snug but not tight.

#### Ankle Only

- 1. Place patient's foot inside the Heel-Float. Make certain that the heel is suspended over the air cavity.
- 2. Move the Velcro<sup>R</sup> strap attached to the webbing strip toward the ankle. (Illustration C)
- 3. Thread both Velcro<sup>R</sup> straps through the web loops on the opposite side of the Heel-Float and secure closures. (Illustration D)
- 4. Velcro<sup>R</sup> closure should be snug but not tight.

#### Gel-Pack

The water-based gel pack may be used for hot/cold therapy. For heat therapy, warrm the gel in water to desired temperature. Do not microwave. For cold therapy, cool the gel pack by placing it in a refrigerator. Do not freeze. The gel pack is easily removed by opening the flap at the back of the Heel-Float. (Illustration E)

# Important

Remove the Heel Float every 8 to 12 hours and check patient's skin for ischemia or discoloration.

#### Easy Care

The Heel Float may be washed and dried at temperatures that do not exceed 180°F(82°C). Do not use chlorine bleach. **Remove gel pack before laundering.** 



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